

Article 5 : Health

Of most importance in university life is being in good health, mentally and physically.

1 Health care centers

Each campus has a health care center that provides physical and mental health advice. Health checks are offered regularly during April and October to students who entered the university at those times.

2 Medical costs

(1) National health insurance

Japan has a national health insurance scheme, so people can receive medical treatment for their sickness and injuries without worry. Under the scheme, insured people pay just 30% of their actual medical costs.

- 1) Non-Japanese people who are going to stay in Japan for at least one year are obliged to be a member of the national health insurance scheme.
- 2) The premium for the national health insurance is about ¥21,000/year.
- 3) Medical treatment for babies and children who have not started compulsory education may be free or less than 30%.

(2) Personal Accident Insurance for Students Pursuing Educations and Research

Yamagata University students (including research students) can take out a policy referred to as Personal Accident Insurance for Student Pursuing Education and Research, which covers calamities and accidents that occur while attending class, participating in school events, doing extracurricular activities, traveling to and from the university and moving between university facilities. The premium for this insurance differs due the policy period. In the case of a policy period of one year, the premium is ¥1,000.

3 University Hospital

Yamagata University runs a University Hospital. It is situated on the Iida campus.

【Yamagata University Hospital】

〒990-9585 2-2-2 Iida-Nishi Yamagata

TEL : 023-633-1122 Emergency TEL : 023-635-5110 (Emergency care unit)

Open 8:30 AM to 11:00 AM (Monday to Friday)

Closed on Saturday, Sunday, National Holidays, December 29th - January 3rd.

4 Emergency hospitals / Holiday medical services

Call 119 when in need of an ambulance. This number is only for emergency use and is not intended for inquiries. Ambulance services in Japan are free of charge.

Please contact the numbers below at night, on holidays and outside work hours.

【Yamagata area】

- 1) Medical emergency center in Yamagata Prefectural Hospital 023-685-2626
- 2) Yamagata City Hospital 023-625-5555
- 3) Medical Office on holidays 023-635-9955
- 4) Emergency Dental Clinic 023-629-9988

【Yonezawa area】

- 1) Yonezawa City Hospital 0238-22-2450
- 2) San-yu-do Hospital 0238-24-3700
- 3) Funayama Clinic 0238-23-4435
- 4) Medical Office on holidays 0238-22-9922

【Tsuruoka area】

- 1) Tsuruoka city Shonai Hospital 0235-23-0372
- 2) Tsuruoka Kyoritsu Hospital 0235-26-6060
- 3) Medical office on holidays and nights 0235-23-5678